



32685/LV/JOH  
13/11/2018

Headteacher:  
Chris Livesey BA(Hons)

Dear Parents and Carers

### School Medical Provision

I am writing to clarify arrangements with regards to medical provision for children who are taken ill at school.

As you may be aware, we have a qualified nurse, Mary Gill, who manages the medical care of any child who is unwell at school. In investing in a qualified nurse, our aim is to facilitate the children staying in school, hence missing as little learning as possible.

For the majority of children who visit the medical room, the problem is usually easily solved and they are able to return to lessons. In more complex cases, Mary will call parents/carers if she feels the child is not well enough to be in school and needs to be collected to either go home, or be taken for further medical assessment. Please note that students are **not permitted** to contact parents themselves and ask to go home; this will always be the decision of the School Nurse.

In order to avoid unnecessary visits to the medical room, hence maximising the learning time for all children, please could we ask your support in ensuring that your child:

- Brings a large water bottle each day and keeps well hydrated;
- Has a proper breakfast before coming to school;
- Brings a packed lunch or has money on their ParentPay account to purchase a midday meal;
- Gets between 8 to 10 hours of proper sleep (i.e. without electronic devices) per night; teenagers need this much sleep to function well.

Ensuring these 4 simple things would greatly reduce the amount of visits made to Medical for minor issues such as headaches, nausea and feeling tired. In addition, we would very much welcome parents and carers having those all-important conversations with their children on resilience: few of us feel 100% every day, but we soldier on!

Thank you, as always, for your support.

Yours faithfully

**Louise Voden**  
**Deputy Headteacher**  
**Student Support**