

ASPIRE PROGRAMME 2018

Workshop No	Topic	Content/Tasks	Remarks/Tasks
1	Aspire aims and objectives	Define individual and group goals for the programme	Introduce training contract Symposium prep
2	Goal setting 1	Identifying your application criteria Application process/timings	Research opportunities Symposium feedback
3	Student talk	Oxbridge applications experience	Yr 13 student(s)
	Mock Exams week	No workshop	1-2-1 goal setting in silent study
	HALF TERM		
4	Opportunities	Debating Identifying your skills and abilities	SWOT analysis task
NA	Tracking Point	Confirm any new names	
5	Brand You!	Intro to the personal statement requirements	Start a draft statement
6	Intro to Critical Thinking	Critical thinking process Debate	Systemic thinking
		UCAS conference	
7	Communication skills	Conscious use of language	
8	Communication skills 2	Effective communication Rapport	
	EASTER HOLIDAYS		
9	Communication skills	Debating skills Intro	
10	Debating skills	Activities	
11	Debating skills	Activities	
		Current affairs debates	
	Alumni talk	Boosting your Personal statement/interviews	
	Goal setting 3	UKCAT – BMAT	
	HALF TERM		
18	Personal statement	Articulating your strengths	
19			
20	Debating and influencing	Arguing a point and countering	
	SUMMER HOLIDAYS		
September	Interview skills	General guidance	
	Individual support		
	Interview skills		
	Individual support		EPQ deadline
	Interview skills	As required	
	Interview skills		
October	HALF TERM		
	New cohort	Identify new Aspire students	
	Aspire information event		
		University Fair	
	Post fair meeting	What it takes to get a competitive pace	
	Super curricula activities	Identify resources and opportunities to support your application	
	Individual research		